

## Starseed

**From:** "Satyena Ananda" <starseed@bcn.net>  
**To:** "Satyena Ananda" <starseed@bcn.net>  
**Sent:** Friday, January 25, 2013 8:16 PM  
**Subject:** January/February: Birthing a New Era



January/February: Birthing a New Era



*"You are part of a great leap of loving such as the world has never known. You have work to do. Begin it. There is only one ancient and forever work of art: The slow fashioning of life and the gradual flowering of love. Find your way. Find your companions. Give your life to love."  
 ~ Anne Hillman*



*"What we're breathing is love.  
 What we are made of is love.  
 Love is what we are about."  
 ~ Starseed  
 Community at Birth  
 2012*

### On Gratitude

2013 is about gratitude for HELP and about helping each other!

This is a GREAT BIG THANK YOU to all the people who helped create, prepare, and who participated in the Birth 2012 event at Starseed.

Thank you so much for your presence, your offerings, and for helping to anchor the new world era at Starseed.

Also a GREAT BIG THANK YOU to all the people who volunteered to hold down the fort; tending the wood stoves, shoveling, snow-blowing, keeping the sanctuary safe so I could go to bury my mom.

I will forever be grateful.

Also thank you to everyone for your condolences, food, support, wood-stacking, and all-around help. It has meant so much! And a VERY, VERY SPECIAL THANK YOU to my family; my daughters, sons-in-law, and grandchildren for being present in a delicate situation and giving so much to me from your hearts! I can never thank you enough.

Thank you to everyone. HELP WORKS!

Love,  
 Satyena



### A New Era Dawns: Solstice-Birth 2012 ~ What Happened?

During the three days of love, the solstice and birth 2012 from December 20-22, many people all over planet earth ushered in a new Era and came into alignment with the energy and opportunity to join together in co-creating an experience of a loving, creative humanity capable of conscious evolution.

Starseed too held a Birth 2012 event. It was a magical portal that we danced ourselves into and through. "We felt the fruition of the wholesome intentions that Starseed has been holding an incubating for these twenty-five years. With laughter, with camaraderie, with new insights, we stepped consciously into a new era, a new baktun according to the Maya, a new opportunity for quickening inside us what it means to embody the force of love." (for Sarah Pirtle's full account of Birth 2012 at Starseed [click here: "The Seed We are Planting is](#)



**Personal & Guided Retreats:**

*January and February retreats are focused on slowing down, listening, coming into the stillness, connecting with the impulse of who you are and why you are here.*

*Dwelling in sanctuary, let this space and time nourish your body and spirit. Eat vitalizing foods, meditate, rest, restore, and balance your energies.*

*Read more about [Retreats at Starseed](#). Call Satyena to schedule a retreat. 413-743-0417*



*Welcome Starseed Winter Steward Trinz Massiah! We are so glad to have you aboard!*

[LOVE"\)](#)

With all of the beauty and creative energy there was also testing. When something ends and something else begins, there is always testing.

When you ask to change a deep personal and genetic pattern be prepared to be tested and go through the fire. The first step is asking for help. At this point most of my life (42 years) has been dedicated to transformation. It should not have been a surprise to me that when the planet and humanity came to a momentous place of evolutionary shift I that would be thrown into a place of challenge and personal crisis. But I know where this is crisis there is also opportunity for growth. ([Read Satyena's account, "Transitions that Change Our Lives"](#))



As one Age or Era has ended and a new one is born. What do you feel has been ending in your life? Starseed friend Shirley Paukulis stated in a letter, *"We are in the process of letting go of out-worn garments, to start afresh and to discover more inner space...the space of awareness consciousness. Literally, we are getting rid of many of our possessions that hold us in past memories in order to leave us free for new experiences."*

What were you conscious of during the birth and what are you experiencing now? What have you learned?

Some people have been experiencing post Birth distress, that appears as loss, depression, opposition and challenge; raising the question, if we just went through this great birth, where's the baby? Meaning what have we actually birthed and what have we learned? What are we now growing? It is multi-leveled and we need to trust the process and keep moving forward. Shirley Paukulis wrote me, *"We look to this new year as a time to step away from what we've known and have been holding onto, away from shadows into the light, and welcome a new beginning every day."*

([Click here for Arianna's account "Turning the M Upside Down".](#))

It is now January 2013. We are on the other side and "something has changed." We are in a new world age. Zacciah Blackburn puts it this way, *"If you do not believe the change, simply look around you. Better still, look within, and view the beauty and luminosity available to you with a simple change of focus of attention and choice of action. Look within. Do not imagine this change is coming from anywhere else. The choice is yours."*

Something has changed!

THE STAR "SEED" OF THE NEW ERA HAS BEEN PLANTED,  
ANCHORED IN THIS SACRED GROUND.

Blessings,  
Satyena

**Asking for Help: a Midwinter Fundraiser**

Dear friends, This year we could really use your support - right now!



**Sanctuary Cards!**

Beautiful seasonal cards in sets and individually are available for sale on-site. Our 2013 catalog is now available on our website, click on [Sanctuary Greeting Cards](#). We still have many of the best loved cards available for purchase. Download the order form, complete, and mail with your check.

*"You are known. That which you have sought is seeking you. You may not yet know what it is, but it is exactly the right gift and only yours to give it." ~ Anne Hillman*



For more information and to register for Starseed events and workshops please contact us at [starseed@bcn.net](mailto:starseed@bcn.net) or 413-743-0417 or visit us on the web at [www.starseedsanctuary.org](http://www.starseedsanctuary.org)

[Find Starseed on Facebook!](#)

Expenses have mounted with Satyena being away with her mom's transition. Upon returning she was faced with no water in the main house which led to serious well work and subsequent plumbing problems. The bitter cold has brought frozen pipes and use of much wood and electric heaters. We realize that things are tight with many people and also that a little from a lot of people can make a real difference. We counted up what we need for emergency expenses and it came to \$4444 - Whoa! So, if 135 people contributed \$33 or more, it would really help us out! For a contribution of \$50 dollars or more, Starseed will gift you with beautiful set of Sanctuary greeting cards.



**Any contribution is greatly appreciated!**



There a few things that need to be fixed up around here.

Our beautiful Starseed sign that was created by Kat, Ted, and Thomas was damaged in this fall's hurricane as was our unique labyrinth sculpture. We are looking for someone to repair and install the metal sculpture and for someones to create a new sign. Please call Satyena if you would like to be a part of the restoration of either project. 413-743-0417

**Prayers for the Earth and for the People of the Earth**

Sunday, February 3  
12:00noon  
Potluck lunch at 1:00pm.  
Gather together for inner-reflection and sharing; birthing joyous co-creation.



***An incredible goodness is working on your behalf today!***

Starseed Healing Sanctuary 672 Chapel Road, Savoy, MA 01256

[www.starseedsanctuary.org](http://www.starseedsanctuary.org)

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