

Starseed

From: "Starseed" <starseed@bcn.net>
To: "Satyena Ananda" <starseed@bcn.net>
Sent: Thursday, July 26, 2012 2:59 PM
Subject: August: The Power of Place



August: The Power of Place



I have been a long-time retreat attender, volunteer, and supporter of Starseed Healing Sanctuary. Starseed is a slightly too-well-kept secret place to relax, renew and get in touch with the things that are *really* important in Life. There are so few places where you can actually experience total silence. Standing on the land at night, under the nearly-full moon, soft breeze caressing my skin, clouds slowly wafting by, there was not a sound. It was an extraordinary feeling of connection with something eternal, ancient and infinite." ~ Gurunam Khalsa

Personal & Guided Retreats:

August retreats are focused on renewing your mind, body, and spirit. Come for a personal or guided retreat, lay on the Earth, eat vitalizing foods,

I've Come Home by F.D Kindness

To Starseed. the haven,
 the respite from frenzy,
 I return to the land,
 to the old ways of knowing,
 To spiral the seven virtues of labyrinth inward toward peace.
 I come to Starseed
 To cleanse ceremonially with sweat,
 to reground, to lay on the earth,
 to share, to learn, to feel Spirit!
 In solitude, I visit the sanctuary,
 I sit protected in the rock solid womb of the mother
 And inhale the fragrance of pine...
 I've come home.



Everyone needs a place to come home to.

Everyone needs a place for deep inner peace, for retreat, rest, healing, relaxation, and physical and spiritual rejuvenation. Starseed provides a safe, natural healing environment to renew your energy, deepen self-exploration, connect with the healing powers of Nature, and be born anew. Starseed is all these things and so much more! ***Starseed is a safe container to do the potent work of transformation that we face during these evolutionary times.***

"Of all the memberships we identify ourselves by the one thing that is most forgotten, and that has the greatest potential for healing, is place. We must learn to know, love, and join our place..." Gary Snyder

**July 28, A Council of All Beings
 For the Sake of Life on Earth:
 A Workshop of Deep Ecology & Work that Reconnects**

9:30am - 8:00pm.

Join Jeremiah Wallack, Joseph Rotella, and Aravinda Ananda for a day-long workshop on Saturday, July 28th as we explore the challenges we face on our

*drink in the sun,
meditate, rest,
restore, and
balance your
energies.*

*Read more about
[Retreats at
Starseed](#). Call
Satyena to
schedule a
retreat.
413-743-0417*

*"My experience here at
Starseed was calming
beyond expectation.*

*The grounds, the
woods, the flowers, the
rock formations
are lovely to behold."*

~ Vickie

Sanctuary Stewards needed into the fall

Gardener & Grounds Steward:

This able-bodied person will be in charge of the maintenance of gardens, trees and shrubs, grasslands and woodlands.

If you are someone who loves creating and transforming land for multi-purpose use, is innovative, ecologically-minded, and interested in co-creating a sustainable community check out is this stipend position [HERE](#).

Buildings Steward: We are seeking a person to take charge of maintenance on our buildings, including light carpentry and other "handy-man" projects. Stipend based on skills and experience. [Click HERE](#) for details.

For more information on either of these opportunities contact Satyena at

beautiful planet and draw on our collective power, strength and wisdom to act for the healing of our world. We will embark on a rare journey together, engaging in a powerful series of Re-Earthing rituals created by John Seed, Joanna Macy and others, designed to help end the sense of alienation from the living Earth that many of us feel.

This workshop will incorporate many practices from The Work That Reconnects, and Saturday will culminate with a Council of All Beings. This workshop will renew the spirit and vision of those who serve the Earth and connect us with deep sources of joy and inspiration, as we build strength and solidarity for the healing of our world.



The Council of All Beings is a communal ritual in which participants step aside from this human identity and speak on behalf of another life-form. A simple structure for spontaneous expression, it aims to heighten awareness of our interdependence in the living body of Earth, and to strengthen our commitment to defend it. The ritual serves to help us acknowledge and give voice to the suffering of our world. It also serves in equal measure, to help us experience the beauty and power of our interconnectedness with all life.

Make a weekend of it and arrive on Friday night when we will begin with a potluck dinner at 6:30. Friday evening will be a time for us to connect with one another and get to know each other, and we can continue sharing each others' company on Saturday evening. Sunday morning we will share a morning meditation, and then all who are able and interested will caravan together up to Burlington, VT for the following action:

<http://tarsandsfreene.org/event/human-oil-spill-action-at-ne-governors-and-eastern-premier-conference>

Wear a black t-shirt & clothing to create an oil spill motif.

Where: Gather at Battery Park - 2pm EST, Sunday, 29th. RSVP on

Facebook <https://www.facebook.com/events/383560055030983/>

Sunday's field trip is entirely optional, but for those of us who can make it, we are delighted for our work together on Saturday to prepare us psychically and spiritually for this action.

The cost for the Saturday workshop is on a sliding scale of \$60-120 and includes a vegetarian lunch and dinner. Overnights are \$25 per person per night to camp, \$45 per person per night for a bed in a shared room in the retreat house. Overnights include a continental breakfast in the morning. Some partial barbers are available. For more information or to register, please email Aravinda at aravinda.ananda@gmail.com



August 4, Sanctuary Day

10:00am - 5:00pm.

**Join us for our
annual wood-
stacking day.** Come
and lend your helping
hands in service to
sanctuary. Delicious
lunch included.

RSVP to
starseed@bcn.net

starseed@bcn.net
or 413-743-0417.



"What a perfect place to land. I really felt held by the space and energy and land." ~ Ellen



"Thanks for holding this sacred space. Lessons learned. Healing and rest needed and received. I treasure my time here." ~ Retreat participant



"It was so wonderful to

August 5, Pizza, Purpose, and Prayers Day

The Pizza: Come enjoy the first pizzas ever to emerge ...

A new cob oven has been built at Starseed in preparation for Aravinda and Joseph's wedding in September. We will be giving it an inaugural trial run on Sunday August 5th! Come enjoy the first pizzas ever to emerge from this green, sustainable, gorgeous oven! They bake in 6 minutes and we'd love for you to bring toppings (from your garden if possible) to adorn them. As we prepare the pizzas, we will declare the purpose of the food we each brought and what it represents for us. For example,

*"I am bringing tomato sauce to represent the vitality of life."
"I am providing this large zucchini to represent abundance."*

The Purpose: People thrive in sanctuary because it nourishes every part of our being Starseed is launching a membership initiative so that more people can feel that they belong to this special place. People thrive in sanctuary because it nourishes every part of our being! It is a place of beauty and peace where we can hear our inner voice and re- connect to our life purpose. 2012 is an auspicious time in our journey on Earth as we emerge into a new way of being - with each other, with the Earth, and with the Divine. Starseed has been preparing for this emergence for 26 years and is ready to be a catalyst to usher forth these new energies which is the fulfillment of Starseed's purpose. We are all aware that there is a Great Shift unfolding and that the huge leap that humanity is called to will take all of us. We can't do this as individuals; we need to bring our individual pieces into the whole. Starseed is a place where we come together collectively to create the transformation that will bring about the Shift.

The Prayer: Dance prayerfully in the world...

The first Sunday of every month is our community event: Prayers for the Earth and the People of the Earth. Come join this powerful community prayer. Walk prayerfully in the beautiful Peace Labyrinth and share together in a circle to express our hearts. This will be followed by Circle Dancing to move our prayers through our bodies and into the earth.

Schedule

Saturday, August 4

10:00am - 5:00pm Sanctuary Service Day - Annual Wood-stacking Party.
Lunch provided.
6:00pm Vegetarian Potluck dinner
Overnight option: \$25 tent option; \$45 shared room option

Sunday, August 5

10:00am Time in Sanctuary to relax and connect with Nature
12:00pm Prayers for the Earth and the People of the Earth
1:00pm Pizza to music: make and enjoy eating your hand-crafted pizza while listening to music
3:00pm Brainstorm Circle engaging people in co-creative membership
4:30pm Closing Circle

Please RSVP to starseed@bcn.net



find kindred spirits here."
~ Jesse

*For more information and to
register for Starseed events
and workshops please contact
us at starseed@bcn.net or
413-743-0417 or
visit us on the web at
www.starseedsanctuary.org*



[Find Starseed on
Facebook!](#)

An incredible goodness is working on your behalf today!

Starseed Healing Sanctuary 672 Chapel Road, Savoy, MA 01256

www.starseedsanctuary.org
